

HERE ARE 150 OF MY FAVORITE QUOTES TO INCLUDE IN YOUR SPEECHES/PRESENTATIONS

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Quotes About Productivity, Focus, Confidence and Persistence:

“Start by doing what’s necessary; then do what’s possible; and suddenly you are doing the impossible.”

– Francis of Assisi

“The way to get started is to quit talking and begin doing.”

– Walt Disney

“Infinite striving to be the best is our duty; It is its own reward. Everything else is in God’s hands.” – Mahatma Gandhi

“It’s not that I’m so smart, it’s just that I stay with problems longer.” – Albert Einstein

“Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.” – Norman Vincent Peale

“He who is not courageous enough to take risks will accomplish nothing in life.” – Muhammad Ali

"Plans are nothing; planning is everything." – Dwight Eisenhower

"There are risks and costs to action. But they are far less than the long range risks of comfortable inaction." – John F. Kennedy

"Tomorrow is the most important thing in life. Comes into us at midnight very clean. It's perfect when it arrives and it puts itself in our hands. It hopes we've learned something from yesterday."
– John Wayne

Quotes About Distractions:

"Never pay attention to the distractions in life. Focus on possibilities." – Lailah Gift Akita

"More data means more information, but it also means more false information." – Nassim Nicholas Taleb

"You have to be so disciplined that even your distractions become focused." – Onyi Anyado

Quotes About Learning from & Listening to Successful People:

"Live as if you were to die tomorrow. Learn as if you were to live forever." – Mahatma Gandhi

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen." – Winston Churchill

"Listen with the intent to understand, not the intent to reply."– Stephen Covey

Quotes About Energy and Consumption:

"Energy and persistence conquer all things."— Benjamin Franklin

"You are what what you eat eats." — Michael Pollan

"Eating crappy food isn't a reward - it's a punishment."

— Drew Carey

Quotes About Worrying:

"The reason why worry kills more people than work is that more people worry than work." — Robert Frost

"When I look back on all these worries, I remember the story of the old man who said on his deathbed that he had had a lot of trouble in his life, most of which had never happened."

— Winston Churchill

"Our fatigue is often caused not by work, but by worry."

— Dale Carnegie

Quotes About Material Possessions:

"There are two ways to be rich: One is by acquiring much, and the other is by desiring little."

— Jackie French Koller

"The only time you look in your neighbor's bowl is to make sure that they have enough. You don't look in your neighbor's bowl to see if you have as much as them." — Louis C.K.

"My riches consist, not in the extent of my possessions, but in the fewness of my wants."— Joseph Brotherton

"Sadly, when a person's possessions distract him from his or her purpose, he or she usually ends up losing both."

— Orrin Woodward

Quotes About Seeing the Good in Everything:

"Keep your face to the sunshine and you cannot see a shadow."

— Helen Keller

"Don't cry because it's over, smile because it happened."

— Dr. Seuss

"I'm a very positive thinker, and I think that is what helps me the most in difficult moments."

— Roger Federer

Quotes About Avoiding Conflict:

"Peace is not absence of conflict, it is the ability to handle conflict by peaceful means." — Ronald Reagan

"When dealing with people, remember you are not dealing with creatures of logic, but creatures of emotion." — Dale Carnegie

"A warm smile is the universal language of kindness."

– William Arthur Ward

"God's love is too great to be confined to any one side of a conflict or to any one religion."

– Desmond Tutu

Quotes About Random Acts of Kindness:

"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." – Princess Diana

"Kindness is the language which the deaf can hear and the blind can see." – Mark Twain

"Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end." – Scott Adams

Quotes About Attitude:

"My attitude is that if you push me towards something that you think is a weakness, then I will turn that perceived weakness into a strength." – Michael Jordan

"Attitude is a little thing that makes a big difference."
– Winston Churchill

"The greatest discovery of all time is that a person can change his future by merely changing his attitude." – Oprah Winfrey

"You can never quit. Winners never quit, and quitters never win."
– Ted Turner

Quotes About Gratitude:

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough." – Oprah Winfrey

"Feeling gratitude and not expressing it is like wrapping a present and not giving it." – William Arthur Ward

"If you want to turn your life around, try thankfulness. It will change your life mightily." – Gerald Good

Quotes About Mentoring/Teaching:

Malala Yousafzai once said that "One child, one teacher, one book, one pen can change the world."

"Tell me and I forget, teach me and I may remember, involve me and I learn." – Benjamin Franklin

"Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime." – Maimonides

"When one teaches, two learn." — Robert A. Heinlein

Quotes About Asking & Thinking Long Term:

"The longer the view, the wiser the intention." – Warren Buffett

"If you don't ask, you don't get." – Stevie Wonder

"When we meet real tragedy in life, we can react in two ways - either by losing hope and falling into self-destructive habits, or by using the challenge to find our inner strength." – Dalai Lama

Quotes About Exercise/Health:

"I play tennis five hours a week, from Monday to Friday, for one hour every day. I like to be fit. If I can't exercise, I feel bad."
– Bjorn Borg

"Reduce the stress levels in your life through relaxation techniques like meditation, deep breathing, and exercise. You'll look and feel way better for it." – Suzanne Somers

"There are times when I feel lazy and just want to stay in bed all day, but I know that working out is the best way to get those endorphins going, which will make me feel better emotionally and physically." – Heather Locklear

The mind is everything. What you think you become." – Buddha

Quotes About Sunday (Resting on 1 Day Per Week):

"Sunday, for me, is all about being home with the family with no plans."– John Lasseter

"Sunday clears away the rust of the whole week." – Joseph Addison

"We're going to win Sunday. I guarantee it." – Joe Namath

Quotes About Negative Influence:

"Associate yourself with people of good quality, for it is better to be alone than in bad company." – Booker Washington

"If you accept the expectations of others, especially negative ones, then you never will change the outcome."– Michael Jordan

"LET GO of the people who dull your shine, poison your spirit and bring you drama. CANCEL your subscription to their issues."
– Steve Maraboli

Quote about Vision

"In order to carry a positive action we must develop here a positive vision."-Dalai Lama

Quotes About Meditation & Relaxation:

"Peace comes from within. Do not seek it without." – Buddha

"Do not let the behavior of others destroy your inner peace."

– Dalai Lama

"I never see what has been done; I only see what remains to be done." – Buddha

Quotes About a Jobs Versus a Passion:

"Choose a job you love, and you will never have to work a day in your life." – Confucius

"I'd rather be a failure at something I love than a success at something I hate." – George Burns

"My mother said to me, 'If you become a soldier, you'll be a general, if you become a monk you'll end up as the pope.' Instead, I became a painter and wound up as Picasso." – Pablo Picasso

Quotes About Money:

"Where large sums of money are concerned, it is advisable to trust nobody."

– Agatha Christie

"I don't view wealth as something that validates my intelligence."

– Steve Jobs

"Anybody who thinks money will make you happy, hasn't got money."

– David Geffen

Quotes About LOVE:

"Where there is love there is life." – Mahatma Gandhi

"You know you're in love when you can't fall asleep because reality is finally better than your dreams." – Dr. Seuss

"Who, being loved, is poor?" – Oscar Wilde

Quotes About Confidence:

"When you have confidence, you can have a lot of fun. And when you have fun, you can do amazing things." – Joe Namath

"Concentration comes out of a combination of confidence and hunger." – Arnold Palmer

*"Confidence is the most important single factor in this game."
– Jack Nicklaus*

Quotes About Dreams:

*"You have to dream before your dreams can come true."
– A. P. J. Abdul Kalam*

"When you cease to dream you cease to live." – Malcolm Forbes

"The biggest adventure you can take is to live the life of your dreams." – Oprah Winfrey

*"Your imagination is your preview of life's coming attractions."
– Albert Einstein*

Quotes About Education:

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela

"Education is the key to unlock the golden door of freedom."
– George Washington Carver

"An investment in knowledge pays the best interest."
– Benjamin Franklin

Quotes About Why/Understanding Yourself:

"Know yourself to improve yourself." – Auguste Comte

"I've come to believe that each of us has a personal calling that's as unique as a fingerprint—and that the best way to succeed is to discover what you love and then find a way to offer it to others in the form of service, working hard, and also allowing the energy of the universe to lead you." – Oprah Winfrey

"If you don't like something, change it. If you can't change it, change your attitude." – Maya Angelou

"I always did something I was a little not ready to do. I think that's how you grow. When there's that moment of 'Wow, I'm not really sure I can do this,' and you push through those moments, that's when you have a breakthrough." – Marissa Mayer

"You must do the thing you think you cannot do."
– Eleanor Roosevelt

Quote About Free Thinking:

"I know where I'm going and I know the truth, and I don't have to be what you want me to be. I'm free to be what I want."

- Muhammad Ali

Many Additional Inspirational & Goal Oriented Quotes:

"Accept the challenges so that you can feel the exhilaration of victory." – George S. Patton

"If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success." – James Cameron

"The secret of getting ahead is getting started." -Mark Twain

"It always seems impossible until its done." -Nelson Mandela

"Your time is limited, so don't waste it living someone else's life." - Steve Jobs

"I'd rather attempt to do something great and fail than to attempt to do nothing and succeed."-Robert H. Schuller

"Opportunity does not knock, it presents itself when you beat down the door." -Kyle Chandler

"Everything you can imagine is real." -Pablo Picasso

"Someone is sitting in the shade today because someone planted a tree a long time ago." -Warren Buffett

"Someday is not a day of the week." -Denise Brennan-Nelson

"Don't count the days, make the days count." -Muhammad Ali

"In the middle of every difficulty lies opportunity." -Albert Einstein

"Accept the challenges so that you can feel the exhilaration of victory." -George S. Patton

"The best way to predict the future is to invent it." -Alan Kay

"You can never quit. Winners never quit, and quitters never win." - Ted Turner

*"Big shots are only little shots who keep shooting."
- Christopher Morley*

"Well done is better than well said." -Benjamin Franklin

*"Only I can change my life. No one can do it for me."
- Carol Burnett*

*"You can't wait for inspiration. You have to go after it with a club.'
-Jack London*

"The purpose of our lives is to be happy." -Dalai Lama

*"Perseverance is failing 19 times and succeeding the 20th."
-Julie Andrews*

"Failure is another steppingstone to greatness." -Oprah Winfrey

"Don't let the fear of striking out hold you back." -Babe Ruth

*"If you don't like how things are, change it! You're not a tree."
-Jim Rohn*

"The more things you do, the more you can do." -Lucille Ball

"You miss 100% of the shots you don't take." -Wayne Gretzky

*"We must accept finite disappointment, but never lose infinite hope."
-Martin Luther King, Jr.*

"If you don't ask, you don't get." - Stevie Wonder

*"Your imagination is your preview of life's coming attractions." -
Albert Einstein*

"What keeps me going is goals." -Muhammad Ali

*"I can accept failure, everyone fails at something. But I can't accept
not trying." -Michael Jordan*

*" You must expect great things of yourself before you can do them."
-Michael Jordan*

"The more you dream, the farther you get." -Michael Phelps

"Happiness is when what you think, what you say, and what you do are in harmony."

-Mahatma Gandhi

The more I want to get something done, the less I call it work." -
Richard Bach

"The mind is everything. What you think you become." -Buddha

"It does not matter how slowly you go, so long as you do not stop."
-Confucius

"If you want to be happy, set a goal that commands your thoughts, liberates your energy, and inspires your hopes." -Andrew Carnegie

"We may encounter many defeats but we must not be defeated." -
Maya Angelou

"The two most important days in your life are the day you are born and the day you find out why." -Mark Twain

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it." - Steve Jobs

"Two roads diverged in a wood, and I — I took the one less traveled by. And that has made all the difference." -Robert Frost (from his poem "The Road Not Taken")

"The journey of a thousand miles begins with one step." -Lao Tzu

"Dream big and dare to fail." -Norman Vaughan

"Tough times never last, but tough people do." -Dr. Robert Schuller

"There is only one success: to be able to spend your life in your own way." -Christopher Morley

"The power of imagination makes us infinite." -John Muir

"Believe and act as if it were impossible to fail." -Charles Kettering

"The biggest risk is not taking any risk... In a world that's changing really quickly, the only strategy that is guaranteed to fail is not taking risks." - Mark Zuckerberg

"Every strike brings me closer to the next home run." -Babe Ruth

"Believe you can and you're halfway there." -Theodore Roosevelt

*"Never let your memories be greater than your dreams."
-Doug Ivester*

"If something is important enough, even if the odds are against you, you should still do it. -Elon Musk

"It wasn't raining when Noah built the ark." -Howard Ruff

"Don't wait. The time will never be just right." -Napoleon Hill

*"It's not whether you get knocked down, it's whether you get up."
-Vince Lombardi*

"Try not. Do, or do not. There is no try." -Yoda

*"Everything you've ever wanted is on the other side of fear." -
George Addair*

"If you aren't going all the way, why go at all? -Joe Namath

*"A year from now you may wish you had started today."
-Karen Lamb*

*"Change your thoughts and you change your world."
-Norman Vincent Peale*

*"It is never too late to be what you might have been."
-George Eliot*